

# CHAPTER ONE

## A THOUSAND YEARS OF YIN

A thousand years of Yang, gone.  
A thousand years of Him, been.  
Now, a thousand years of Yin begin  
as the Cosmic Clock assures  
and the Tides of Time secure –  
the next one thousand years  
belong to Her.

**D**ecember 31<sup>st</sup> 1999, marked the last day of the last month of the last thousand years, a millennium in which the male energy, the Yang, the One (1), dominated. But that time has passed. It is no more. Feminine rays are now being cast by the cosmic sun and it is time for the female energy, the Yin, the Two (2) to take her place on the great life stage. Irrefutably, with the dawning of the year 2000, the Age of the Female has arrived.

### NUMBERS

"Numbers rule the universe. Everything is arranged according to number and mathematical shape." This profound statement was made by the famous mathematician/scientist Pythagoras approximately twenty-five hundred years ago. It is this fact which corroborates the rise of the female – a prodigious event in world history whose occurrence has clearly not been accidental.

Numbers rule the universe because everything can be reduced to numbers. And what are numbers? They are nothing more than symbols, ciphers and codes depicting, illustrating, defining and describing life and its functions. Do away with numbers and civilization as we know it would collapse. Light, sound, music, computers, financial institutions, commercial enterprise, scientific research and media communication would all be non-existent. Life, as we know it, would come to a screeching halt were it not for numbers. Incontrovertibly, life is numbers, and when we think about it there is nothing that does not have a numerical foundation, including millennia.

Besides being a renowned mathematician, scientist and philosopher of his time, Pythagoras was also regarded as being the first numerologist – one who associates numbers with life. Even the famous Greek philosopher, Aristotle, wrote: "The

Pythagorean . . . having been brought up in the study of mathematics, thought that things are numbers . . . and that the whole cosmos is a scale and a number." (qtd. in O'Connor and Robertson). Thus, because of Pythagoras, numerology – the art and science of numbers and their relationship to life – was born.

Numerology has merit. It is a science as well as an art, just like medicine. It may not maintain a sense of public acceptance or awareness at this time, but that does not invalidate its reality. There was a time, as we are all aware, when the consensus of the earth's population believed the earth was flat and that the four corners of the world were, indeed, four corners. Then Columbus came along and altered the consensus of the public consciousness. The world was now round, not flat, and those believing differently were simply living in the past, and any knowledge such believers espoused about the earth being flat were simply erroneous.

Numerology, a mathematical tool for understanding the framework of life, is simply one of those bodies of knowledge lying underneath the surface of the vast ocean of visible form. As a metaphysical science, numerology will gain acceptance during this Second Millennium as its truth is revealed. The positive thing about numerology is that it can be proven; its truth determined scientifically, and the scientific truth is that this thousand years will be ruled by all things Yin.

Furthermore, it's an acknowledged fact that simply because something is not openly active and generally obvious it does not necessarily lack merit. Science is the discipline of discovering the unknown, of making the imperceptible, perceptible. In the last thousand years, science concentrated on external realities. With the turning of the millennia tide, more attention will now be given to internal realities. Being the solo player, for example, a function of male One (1) energy will, in part, be openly replaced by partnership and teamwork, a feminine Two (2) trait.

There will be other visible changes. Men will soften, become more receptive, sensitive, caring, intuitive. In fact, science is now proving that intuition is a reality and that many top executives use their intuitive skills to solve problems. This trend will definitely increase and the best of the best will be sought, not just for their logic, but for their gut instincts as well. Is this to say that all men will become feminine during this new age? Of course not. But the paradigm of what a man and woman were during the last thousand years is definitely undergoing a metamorphosis, as any sentient soul will acknowledge.

Numerology is neither back room hocus-pocus nor crystal ball gazing. It is science – an empirical method of ascertaining the super-structure and divine design of life. It is no less real than the genetic code or the atomic structure of elements. It has existed since time immemorial, and the world should be forever grateful to Pythagoras for his enlightened genius which opened the door to the inner reality and secrets of life through numbers.

## CHANCE OR DESIGN

Is it by chance that this thousand years will be the Age of the Female and embrace her energy? No. It is by design, spiritual-cosmic design. Order is the first law of the universe, and just as the Great Cosmic Pendulum swayed within the polar field of the One (1) vibration for the last thousand years (1000 through 1999), it has now reversed its direction, passed the polar midpoint and is transiting the energy field of the Two (2) through the year 2999.

Hermes Trismegistus, the alleged teacher of the magical system known as Hermeticism, is said to have provided the wisdom of light in the ancient mysteries of Egypt. He said that if a pendulum swings one way, it must, by its very nature, swing the other. From positive pole to negative pole and back again ceaselessly sways the great cosmic clock to a timeless, relentless rhythm, a rhythm which honored *him* for the last thousand years but which, by predictable circle, cycle and tide, will now honor *her* for the next thousand.

### The Hour Glass of Circles, Cycles and Sides

Life is a construct of circles, cycles and sides –  
timeless tides of constantly-flowing energy  
swaying to and fro to the polar rhythm  
of the Great Cosmic Pendulum.

Within this flux is the crux  
of man's secret identity –  
his coming and going,  
rising and falling,  
crying, sighing,  
living, dying,  
laughing,  
smiling,  
tears, fears,  
relentless years –  
endless revolution.

Helpless to challenge  
the forces which move him,  
man's hope is to understand  
the infinite Source sustaining him,  
to honor, embrace and surrender to It;  
to accept and adjust to the Reality of that  
which is, avoiding the illusion of that which is not.

## OTHER TRAITS

The gigantic millennia shift from Yang to Yin has also been responsible for earthman's debarkation from his own world in efforts to explore other worlds and celestial bodies such as our own moon, the planet mars and beyond. In fact, the moon has not only been regarded throughout the history of mankind as feminine by nature, it is also ruled by the number Two (2). Therefore, it certainly isn't a coincidence that earthman landed on the moon when he did, in the Twentieth Century – a Two (2) cipher in reduction ( $20 = 2 + 0 = 2$ ). Other signposts of this age are the focus on relationships, the rise of competitive athletics, especially for females; gangs, terrorism, the advancement of IT technologies, personal data collection, invasion of privacy, sexual gender issues, teamwork and partnership, the morass of confusion accosting and besieging the general public, mostly because of these numerical polar shifts; the expansion of networking in the business world; the rise of women, not only in business, but in all walks of life, and the exposure of hidden knowledge, which will become more obvious as the millennium matures.

As an example of these changes, remember when fathers would shake their son's hands rather than give them a hug or a kiss or a supportive word of encouragement because fatherly hugs and kisses to a son were deemed inappropriate? Remember when it was unmanly for a man to cry in public or express any 'feminine' emotion, even in the isolation of his own privacy? No? Well, there was a time when fathers in general would only shake their son's hands and never show them physical affection. There was a time when men would not cry in public because to do so was thought to be a violation of their masculinity. There was a time when the only support a child got from his father was silence and indifference because such behaviors were thought to make young men strong. It was the mother who was the primary nurturer, not the father. That model is now changing.

Interestingly, parenting and spousal roles are clearly undergoing a metamorphosis. The former image of the male being the bread-winner is changing, as well as the mother being the primary nurturer. It is not unusual to have the female part of the household now earning more than her male counterpart, and fathers are taking a much more active role in the raising of their children. It is not uncommon in divorce cases to have primary custody of the children being awarded to the father, not the mother. Too, since women have entered the workplace, many of the physical ailments normally associated with men are on the rise in women. Whereas in the not too distant past only one income was sufficient to manage the affairs of a household, now it generally requires two. All of these characteristics are attributable to the gigantic vibrational wave of Two (2) energy which has now, like the tidal wave of a completely new ocean, washed over us, encircling, entangling, embroiling, embracing, engaging, enveloping, enlightening, involving, saturating and surrounding us with, and even submerging us in, its aqueous presence. Without a doubt, during this thousand years feminine energy will rain upon the earth and the female, having been subordinate for the last thousand years, will now reign supreme.

## THE CLASH OF OPPOSITES

The change of millennia from One to Two energy is not to be taken lightly. One and Two are exact opposites in form and function. Therefore, the enormous shift from one set of energy characteristics to the other can cause, and often does, extreme havoc.

As we know, men and women have a difficult time understanding one another because they're opposites. Each gender processes information differently from the other and is motivated by contrasting desires. While men tend to be logical, insensitive, direct, active and unbending, women tend to be emotional, intuitive, indirect, passive and adaptable. Men hunt, women support. Men like looking; women like being looked at. These are not casual differences. They are intrinsically diametrically opposed gender-rooted issues, and their differences have created challenges and problems between the sexes since the beginning of time.

The last thousand years was primarily electrified and energized with masculine matter and substance. However, that has now been replaced with female vibratory matter and substance. Our world now exists in a millennium mist of energies exactly opposite from the last thousand years. See the problem? And because the shift is still new, the earth is still in its adjustment/gestation phase and will be until approximately the year Twenty-One Hundred (2100). Whether the phrase "It's a man's world" will be adjusted to "It's a woman's world" remains to be seen, but the reality of the matter is, it is a whole new world we're living in, a world dominated by feminine, not masculine, energy. Those who can adjust will survive; those who can't are in for a more-than-bumpy ride.

Caution, however, should be offered to those people who jump too high and too far for joy at the receipt of such news. As everything in this creation has two sides, one positive and one negative, so does the Two (2) vibration. Female characteristics, as those of the male, have positive and negative tendencies. Look at the last thousand years of male-dominated energy. There were good and bad aspects to it. So it is with this new thousand year cycle. There will be good times. There will be bad times. There will be ups. There will be downs. There will be bask-in-the-sun periods of beautiful weather and there will be tumultuous storms. It's the nature of life.

Here's another caution – one for gender enthusiasts. In consideration of the grand circle and cycle of life in which what goes around comes around, the possibility exists of a person being one gender in one life and the opposite gender in a subsequent life. An over-exuberant female, for example, might one day be reincarnated as a man in a woman's world, or an over-exuberant male could be incarnated as a female in another life. This would tend to bring into stasis a consciousness in disequilibrium. Nature always works to balance, and getting too far to the edge of the male or female polarity will always bring a reconciliation and adjustment of the energies involved. Bodies are just shells encasing the soul. Gender can change from life to life. Therefore, we should appreciate our gender but not cling to it for, in reality, the soul has no gender.

For those who do not believe in or subscribe to the possibility of reincarnation, the thought is offered that energy can neither be created nor destroyed. Since our souls are divine energy, they cannot be destroyed and, therefore, are constantly taking on a new form when the current one wears out or is discarded in some way. There is no universal spiritual law which says that once a man, always a man or once a woman, always a woman. Genders change. How poetically just it would be for any of us to take on the opposite form in another life from the one to which we were, perhaps, overtly attached to in this life.

Let it also be known that the female energy taking precedence during this millennium is not restricted to form or gender alone. *The feminine Two (2) energy affects and pervades every living thing on this planet regardless of gender.* Therefore, the Age of the Female is not so much about form as it is about energy. In other words, everyone will also be infused with the cosmic currents of the female vibration, even more than they have been in the past. Every one of us is a mixture of masculine and feminine energy, not to be equated with 'macho' and 'effeminate'. There is, for example, no numerology chart totally devoid of either One or Two energy. We all have these vibrations in our basic composition. Masculine and feminine are simply two of the contrasting words used to describe the intrinsic polarities found in nature.

## **OTHER APPELLATIONS**

This Age of the Female could have other appellations. The number Two also rules 'other people' and, therefore, this millennium might also be known as the *Age of Others*. Additional labels could be the *Age of Relationship*, the *Age of Teamwork*, the *Age of Conflict and Resolution*, the *Age of Diplomacy* – all concepts falling under the rulership of the Two energy.

This 2nd Millennium is also the *Age of Duality*, so anything having to do with opposing polarities will be intensified and brought into focus in a major way. Thus, our inevitable battle and struggle with good versus evil will not only continue to course through our veins, it will ooze from our pores, saturating our lives with moral, ethical and spiritual choices unlike any with which we have had to contend heretofore.

The positive solution – always make the "Up Choice," that choice which takes us upward, not downward; that choice which moves us in the direction of that which is pure and noble rather than that which is impure and ignoble; that choice which directs us into the comforting and edifying illumination of the Light, as opposed to that which leads us down the ladder of life into the abysmal morass of cold, dark, dank and dismal labyrinthine dungeons where shadows are non-existent – a scary thought because shadows cannot exist without even a scintilla of light.

If there is any one challenge besetting the Age of the Female, it will be balance – the act of bringing equilibrium to opposing forces, ideals, philosophies, egos. Our world is now too small, too compact, too full of global issues affecting everyone for everyone not to be concerned about each other. It is really a time to learn to get along, to embrace tolerance,

understanding, patience and kindness. We're all in this boat called 'Earth' together, and if we rock it back and forth too drastically without concern for its seaworthy stability, we run the risk of sinking it, more now than ever before.

Even on a personal level, our individual goal should be to always work to balance, even if the world seems to be running wild and teeter-tottering dangerously out of control. In fact, under this 11/2 vibration there is the distinct possibility of intranational as well as international global rivalries. Terrorism, for example, is now a fact of everyday life on a world basis, just as street gangs are a fact of daily life in major cities throughout many countries. Individually, we may not be able to balance the macroscopic world, but we can balance our own personal microscopic worlds, and just because the world may be out of balance does not mean we have to be. In fact, maintaining a personal state of stasis may well be our best defense from being embroiled in any external confusion and chaos which might arise from the discord of conflicting, opposing polarities during this age.

## **SUMMARY**

All in all, the Age of the Female, this Thousand Years of Yin, will be an exciting and dynamic time for the inhabitants of earth because our consciousness as a one-world people will be undergoing an extreme metamorphosis, especially in the first one hundred years. This is not an age which will focus on that which is singular, separate or autonomous. This is an age which is and will continue to be involved with those energies which are relationship and partnership oriented; on that which is equal, fair and balanced; on that which is saturated with others being involved with others. It is the time for females and feminine energy to have their due, a time where emotion and intuition will wax like the fullness of the moon on a clear and starry night. Thus, there will be reflection as well as creation; absorption as well as radiation. There will be opposition and contrast, confliction and distinction. This new age will be an age which will rock, teeter-totter, swing and sway to energies far more powerful than man's ability to control or manipulate. It is an age in which we would be well-served to buckle up, hang on, stay balanced, disciplined, kind and caring because, to be sure, we're in for the ride of our lives.

~ finis – Chapter One of *The Age of the Female*

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(Note: this Helen Keller feature is from KBN11-Part 2, *Heroines of the Shift; Chapter 4, Notable Yin*; pages 299-303)

## **Helen Keller**

Paragon of Icons

*Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.<sup>i</sup>*

*We could never learn to be brave and patient if there were only joy in the world.<sup>ii</sup>*

It is axiomatic that those who have suffered the most, who have endured the most, have the most to offer. It is also apparent that those individuals exuding true substance, worth and value have been the ones most tempered, tested, wrought and bought with fire. To them, ease of life has been denied; in dis-ease they have been tried; through storms and tempests they have cried, but in triumph, unquestionably undenied.

Such was the personage of Helen Keller. Her life was extraordinary and heroic, a life so remarkable that the great American literary legend, Mark Twain said: "The two most interesting characters of the 19th century are Napoleon and Helen Keller." In his eulogy at her passing (1 June 1968), Alabama Senator Lister Hill evoked the world's universal sentiments: "She will live on, one of the few, the immortal names not born to die. Her spirit will endure as long as man can read and stories can be told of the woman who showed the world there are no boundaries to courage and faith."<sup>iii</sup>

Helen Adams Keller was born on 27 June 1880 in Tuscumbia, Alabama, in a frame cottage called "Ivy Green." For the first eighteen months of her life, she was physically whole and healthy. Then an illness struck which left her both blind and deaf. Diagnosed as brain fever, it may have been scarlet fever. Nonetheless, her sight and hearing were denied her for the rest of her 88 year life.<sup>iv</sup>

The next seven years from infancy to childhood were difficult, to say the least. Helen was a wild and unruly child. No wonder. How difficult would it be for anyone to negotiate his or her ship of life without eyes and ears, especially when being a young child? Were each of us to close our eyes, how long and how well could we manage under such oppressive conditions? If we were to lose our hearing, separate from our eyesight, how difficult would our lives be? The greatest sensual contact we have with our environment is with our eyes. Were any of us to do without both for an hour would be difficult; a day, challenging; a year, nearly impossible; but eighty-eight years of being blind and deaf? And then, in defiance of feeling sorry for oneself, not to spend one's life on the pity pot but make inspirational contributions to the whole of mankind leaves one speechless beyond words and tearful beyond tears to think of the immense struggle,

dedication, determination, persistence, patience and unyielding spirit one must have to lift himself or herself into the position of world renowned hero or heroine, as well as international icon! Such a state is beyond the scope of what most of us are capable of thinking, let alone doing. But it was not out of the scope of Helen Keller. It was exactly within the scope of her life's destiny, a target which she hit dead in the center of the bull's eye.

On a serendipitous day in March of 1887, a day which Helen Keller would recall as "The most important day I can remember in my life," a young twenty year old graduate of the Perkins School for the Blind, Anne Mansfield Sullivan, entered the life of young Helen Adams Keller. It was the beginning of a teacher-student bond which lasted until death, itself being an event of rare and selfless devotion. It was, of course, Anne Sullivan – devoted, loyal, selfless and sacrificing – who struggled with the young and wild child, teaching her how to read and adjust to life exigencies in a world where she could neither see nor hear. The two were constant companions until Sullivan's death in 1936. Sullivan's loyalty to Keller was so powerfully immaculate that when Sullivan married John Macy in 1905, she never deserted her pupil. Keller went to live with the Macys and both husband and wife unselfishly gave their time to help with Keller's studies and activities.<sup>v</sup> Where is that kind of unsoiled, undefiled devotion today? Remarkable.

Overcoming all odds and extreme adversity, Helen Keller succeeded in life far beyond the level of most people who are not nearly so disadvantaged or impaired. Keller attended and graduated from Radcliffe College, began a writing career spanning some fifty years, writing most frequently on blindness, deafness, socialism, social issues and women's rights. The pinnacle and most famous of her works was *The Story of My Life*, which was published in book form in 1902 and was eventually translated into more than fifty languages, a screenplay and movie, "Helen Keller in Her Story," a feature-length documentary winning an Oscar in 1955 for producer Nancy Hamilton from the Academy of Motion Picture Arts and Sciences.<sup>vi</sup> It was the Helen Keller Story which was also indirectly responsible for two other Oscars won by Anne Bancroft and Patty Duke in "The Miracle Worker" – a story of the Sullivan/Keller relationship. Other literary works by Helen Keller include: *The World I Live In*; *The Song of the Stone Wall*; *Out of the Dark*; *My Religion*; *Midstream--My Later Life*; *Peace at Eventide*; *Helen Keller in Scotland*; *Helen Keller's Journal*; *Let Us Have Faith*; *Teacher, Anne Sullivan Macy*; and *The Open Door*.

Helen Keller's list of personal friends and world figures reads like a Who's Who Of Planet Earth. She personally knew every American President from Grover Cleveland until her death, Alexander Graham Bell, Mark Twain, William James, Nehru, Charlie Chaplin, Katharine Cornell, to name a few. She traveled extensively during her rich and varied life, and between 1946 to 1957 made seven global tours, visited 35 countries and all 5 continents. At 75 years of age, she even undertook a five-month, 40,000 mile tour through Asia! Wherever she went, she spread courage and hope to millions of people, especially those devoid of physical sight. In fact, if you can believe this, she even said she was always searching for ways to help those "less fortunate than myself!" (goose bumps, chills and tears here.)

One of her greatest challenges was the death of her beloved teacher, Anne Sullivan, in 1936. God did not abandon Keller. Polly Thomson assumed the task of assisting Helen until she (Thomson) died in 1960. She was followed by Mrs. Winfred Corbally, a nurse-companion, who served Keller until Keller's final days and remarkable life came to an end.

Awards of distinction for this legendary person and great woman are too numerous to mention, as one could well imagine. Here are a few: Presidential Medal of Freedom (America's highest civilian honor); America's Award for Inter-American Unity; Gold Medal Award from the National Institute of Social Sciences; the National Humanitarian Award from Variety Clubs International; Brazil's Order of the Southern Cross; Japan's Sacred Treasure; Philippines' Golden Heart; Lebanon's Gold Medal of Merit; inductee into the National Institute of Arts and Letters; Chevalier of the French Legion of Honor; Alumnae Achievement Award on the 50th anniversary of her graduation from Radcliffe College; a garden named in her honor at her Alma Mater, as well as a fountain named for her loyal teacher/companion, Anne Sullivan Macy; an entire room devoted to her, called the Helen Keller Room, at the American Foundation for the Blind in New York City, and the establishment of her birthplace, "Ivy Green," in Tuscumbia, Alabama, as a permanent shrine on 7 May 1954. Helen Keller also received honorary doctoral degrees from Harvard and Temple Universities, as well as the Universities of Glasgow, Scotland; Berlin, Germany; Delhi, India; and Witwatersrand in Johannesburg, South Africa. She was also an Honorary Fellow of the Educational Institute of Scotland.<sup>vii</sup>

How does one measure greatness? Certainly one measure is that of not only overcoming immense adversity in one's life but also generating a wave of inspiration and hope for countless millions and leaving in that wake a legacy of renown the world over. Helen Keller was such an individual, a paragon of icons and a legend history will not forget. In her tribute, the following poem is offered by William Ernest Henley, himself a tribute to the indomitable human spirit in overcoming adversity.

### **Invictus**

William Ernest Henley

Out of the night that covers me,  
Black as the Pit from pole to pole,  
I thank whatever gods may be  
For my unconquerable soul.

In the fell clutch of circumstance  
I have not winced nor cried aloud.  
Under the bludgeonings of chance  
My head is bloody, but unbowed.

Beyond this place of wrath and tears  
Looms but the horror of the shade,  
And, yet, the menace of the years  
Finds, and shall find me, unafraid.

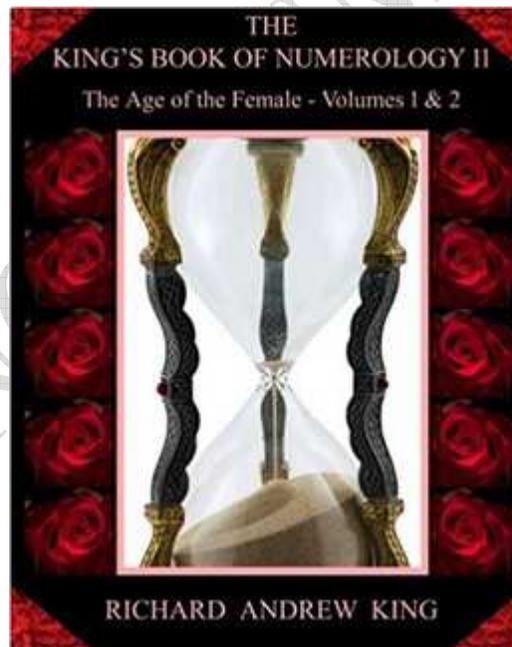
It matters not how strait the gate,  
How charged with punishments the scroll,  
I am the master of my fate;  
I am the captain of my soul.

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- <sup>i</sup> <http://www.brainyquote.com/quotes/quotes/h/q101340.html>  
<sup>ii</sup> [http://www.quotationspage.com/quotes/Helen\\_Keller/11](http://www.quotationspage.com/quotes/Helen_Keller/11)  
<sup>iii</sup> [http://www.afb.org/info\\_document\\_view.asp?documentid=1351](http://www.afb.org/info_document_view.asp?documentid=1351)  
<sup>iv</sup> [http://www.afb.org/info\\_document\\_view.asp?documentid=1351](http://www.afb.org/info_document_view.asp?documentid=1351)  
<sup>v</sup> [http://www.afb.org/info\\_document\\_view.asp?documentid=1351](http://www.afb.org/info_document_view.asp?documentid=1351)  
<sup>vi</sup> <http://www.mr-moody.com/goldenboy/1955.htm>  
<sup>vii</sup> [http://www.afb.org/info\\_document\\_view.asp?documentid=1351](http://www.afb.org/info_document_view.asp?documentid=1351)

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CONTACT  
Richard Andrew King  
PO Box 3621  
Laguna Hills, CA 92654

RichardKing.net | Rich@RichardKing.net